

Linkliste (1) zum Selber-Forschen (inkl. direktem PDF-Download)

- [Tech-Talk: Sports Enhancement and the Use of Audio-Visual Entrainment \(AVE\)](#)
Die Steigerung sportlicher Leistungen durch audiovisuelles Brainwave-Entrainment
- [Audio-Visual Entrainment: Applying Audio-Visual Entrainment Technology for Attention and Learning. David Siever, Edmonton, Alberta, Canada](#)
Die Anwendung audiovisuellen Brainwave-Entrainments zur Verbesserung der Aufmerksamkeit und des Lernens
- [Audio-Visual Entrainment \(AVE\) Program as a Treatment for Behavior Disorders in a School Setting](#)
[Michael Joyce & David Siever](#)
Der Einsatz des audiovisuellen Brainwave-Entrainments bei verhaltensauffälligen Kindern in einer Förderschule
- [New Visions School NeuroTechnology Replication Project 2000 - 2001](#)
[Michael Joyce](#)
Ein Ergebnissbericht zum genannten Schulprojekt
- [The Effect of Audio-Visual Entrainment \(AVE\) on Hypertension](#)
[Wendy Mullen, Kathy Berg & Dave Siever](#)
Die Auswirkung der durch audio-visuelles Brainwave-Entrainment herbeigeführten Tiefenentspannung auf den Blutdruck
- [Audio-Visual Entrainment: The Neurobiology of Affective Disorders and Clinical Implications of Audio-Visual Entrainment](#)
[David Siever, Edmonton, Alberta, Canada](#)
Die neurobiologischen Hintergründe von Trübsinnigkeit und deren Implikationen hinsichtlich der Stimmungsaufhellung mittels audiovisuellem Brainwave-Entrainment
- [Tech-Talk: Affective Disorders](#)
Hintergrundinformationen und Tipps zum Umgang mit Trübsinnigkeit
- [Audio-Visual Entrainment: The Application of Audio-Visual Entrainment for the Treatment of Seasonal Affective Disorder](#)
[David Siever, Edmonton, Alberta, Canada](#)
Die Anwendung audiovisuellen Brainwave-Entrainments zur Stimmungsaufhellung und Linderung von Trübsinnigkeit

- [Audio-Visual Entrainment \(AVE\) as a Treatment Modality for Seasonal Affective Disorder](#)
[Kathy Berg & David Siever](#)
Audiovisuelles Brainwave-Entrainment als alternative Methode zur Stimmungsaufhellung und Linderung von Trübsinnigkeit
- [Tech-Talk: Audio-Visual Entrainment \(AVE\) & Seasonal Affective Disorders \(SAD\)](#)
Hintergrundinformationen zum Einsatz des audiovisuellen Brainwave-Entrainments bei Trübsinnigkeit
- [Audio-Visual Entrainment: The Application of Audio-Visual Entrainment for the Treatment of Seniors' Issues](#)
[David Siever, Edmonton, Alberta, Canada](#)
Die Anwendung audiovisuellen Brainwave-Entrainments zur Steigerung der geistigen Fitness bei älteren Menschen
- [Tech-Talk: Brain Brightening](#)
Studienergebnisse zur Wirkung der "Brain Brightener"-Session auf die geistige Fitness älterer Menschen
- [The Use of Repetitive Audio-Visual Entrainment \(AVE\) in the Management of Chronic Pain](#)
Die regelmäßige Anwendung des audiovisuellen Brainwave-Entrainments zur Herbeiführung einer körperlichen Tiefenentspannung
- [Audio-Visual Stimulation as a Treatment for Chronic Pain](#)
Audiovisuelles Brainwave-Entrainment als Methode zur Herbeiführung einer körperlichen Tiefenentspannung
- [Outcome of Medical Methods, Audio-Visual Entrainment \(AVE\) and Nutritional Supplementation for the Treatment of Fibromyalgia Syndrome](#)
[Kathy Berg, Dave Siever, C.E.T., Horst Mueller, Ph.D., & Donald Seibel, M.D.](#)
Die Auswirkungen von klinischen Behandlungsmethoden, des audiovisuellen Brainwave-Entrainments sowie von Nahrungsergänzungen auf körperliche Empfindungen
- [Audio-Visual Entrainment: Dental Studies](#)
[David Siever, Edmonton, Alberta, Canada](#)
Der Einsatz des audiovisuellen Brainwave-Entrainments zur Tiefenentspannung während zahnärztlicher Behandlungen
- [The Effect of the Relaxodont Brain Wave Synchronizer on Endodontic Anxiety](#)
Die Wirkung entspannender Mentalsystemprogramme auf mentale und körperliche Anspannung bei Zahnarztbesuchen
- [Audio-Visual Entrainment: Finding a Treatment for Post-Traumatic Stress Disorder](#)
[David Siever, Edmonton, Alberta, Canada](#)
Audiovisuelles Brainwave-Entrainment als Methode zur Förderung mentaler Gelassenheit

- [Audio-Visual Entrainment: Safety and Tru-Vu Omniscreen Eyesets](#)
[David Siever, Edmonton, Alberta, Canada](#)
Sicherheitsaspekte bezüglich des audiovisuellen Brainwave-Entrainments unter besonderer Berücksichtigung der TruVu Omniscreen Lichtbrille
- [Gutachten von Prof. Dr. G. Müller \(Charité Berlin\) zum DAVID PAL36 mit CES i.V.m. dem Wireless Pendant EEG](#) (ca. 6 MB)
Mit dem vorliegenden Gutachten bescheinigt Prof. Dr. Gerhard J. Müller dem DAVID PAL36 mit CES eine zuverlässige, tiefenwirksame und nachhaltige neuroregulative Wirkung sowie dessen Eignung zur Stimulation von Gehirnaktivitäten. Prof. Dr. Müller ist Wissenschaftler an der Charité - Universitätsmedizin Berlin sowie in seiner Eigenschaft als Experte auf den Gebieten der Lasermedizin, der biomedizinischen Technik und der medizinischen Physik weiterhin auch öffentlich bestellter und vereidigter Sachverständiger der Industrie- und Handelskammer zu Berlin für optoelektronische Geräte. Nähere Informationen finden Sie bei Interesse auf seiner Internetseite www.bmtberlin.de.
- [Steigerung der Gedächtnis- und Konzentrationsleistung mittels audio-visueller Stimulation einer Mindmachine](#)
Eine Diplomarbeit von Viktor Wuchrer, die unter Verwendung der DAVID-Systeme mit insgesamt 104 Probanden am psychologischen Institut der Friedrich-Alexander-Universität Erlangen-Nürnberg durchgeführt wurde und diesen eine signifikante Verbesserung der Gedächtnisleistung sowie eine hochsignifikante Verbesserung der Konzentrationsleistung nachweist. Parallel dazu wurde zudem auch das Gerät eines anderen Herstellers getestet, wobei die DAVID-Systeme jedoch in jeder Hinsicht durchweg die besseren Ergebnisse erzielten.
- [Audio-Visual Entrainment: History and Physiological Mechanisms. David Siever, Edmonton, Alberta, Canada](#)
Geschichte und physiologische Mechanismen des audiovisuellen Brainwave-Entrainments
- [The Effect of Repetitive Audio-Visual Stimulation on Skeletomotor and Vasomotor Activity](#)
Eine Studie zum physiologischen Entspannungseffekt bei regelmäßiger Anwendung der audiovisuellen Stimulation

Linkliste (2) zum Selber-Forschen (die PDFs liegen verstreut im Internet)

Anoukhin, A. "EEG Alpha Rhythm Frequency and Intelligence in Normal Individuals." *Intelligence*, 23: 1-14

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Baum, Kenneth "The Mental Edge"

Benson, H., M.D. "The Relaxation Response"

Benson H., Wallace, R.K. "Decreased Blood Pressure in Hypertensive Subjects Who Practiced Meditation." *Circulation Supplement II to Vols. 45 and 46*

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